

Yr. 4-9 BELMONT & HIGHTON SCHOOL ATHLETICS SPORTS 2022

Event times are approximate only, and the program may run slightly ahead or behind the times shown.

9am	Official Welcome, National Anthem & House Chant.						
Event Schedule	Year 4 & 8 Girls	Year 5 & 9 Girls	Year 9 & 5 Boys	Year 7 Girls	Year 7 Boys	Year 8 & 4 Boys	Year 6 Girls & Boys
9:20am	En Masse Relay – <i>All Students</i> to run continuously for 5minutes. Staff will use counters to record the number of laps that students make for their house. This will contribute to house points.						
9:40am	100m	Discus (2 Pits) Vortex Throw	300m	High Jump (2 Mats) Hot Shots	800m	Shot Put (2 Pits) Shuttle Relays	Long Jump (2 Pits) Tug of war
10.20am	Long Jump (2 Pits) Tug of war	100m	Discus (2 Pits) Vortex Throw	300m	High Jump (2 Mats) Hot Shots	800m	Shot Put (2 Pits) Shuttle Relays
11am	Shot Put (2 Pits) Shuttle Relays	Long Jump (2 Pits) Tug of war	100m	Discus (2 Pits) Vortex Throw	300m	High Jump (2 Mats) Hot Shots	800m
11:40am	800m	Shot Put (2 Pits) Shuttle Relay	Long Jump (2 Pits) Tug of war	100m	Discus (2 Pits) Vortex Throw	300m	High Jump (2 Mats) Hot Shots
12:20pm	Suggested Lunch Break – Dance with Mr Nichols.						
12.40pm	High Jump (2 Mats) Hot Shots	800m	Shot Put (2 Pits) Shuttle Relays	Long Jump (2 Pits) Tug of war	100m	Discus (2 Pits) Vortex Throw	300m
1.20pm	300m	High Jump (2 Mats) Hot Shots	800m	Shot Put (2 Pits) Shuttle Relays	Long Jump (2 Pits) Tug of war	100m	Discus (2 Pits) Vortex Throw
2.00pm	Discus (2 Pits) Vortex Throw	300m	High Jump (2 Mats) Hot Shots	800m	Shot Put (2 Pits) Shuttle Relays	Long Jump (2 Pits) Tug of war	100m
2.40pm	Relays- 6x100m Event 6x Female Yr. 5/6 Competitors 6x Male Yr. 5/6 Competitors 6x Female Yr. 7-9 Competitors 6x Male Yr. 7-9 Competitors Staff V Student Relay! 😊						
3pm	Fastest on Campus (Yr. 7-9 event) 8x Males Competitors & 8x Female Competitors						
3:15pm 3.40pm	Presentations: The House trophy will be presented. <i>Due to the amount of data to be collated Age Champion medals may be presented at Year Level assemblies the following week.</i> Students dismissed from the oval by Homeroom Teacher.						